



A COOL, HIP, and FUN workout geared for teens. Get your workout groove on to music from Glee, Justin Bieber, Taylor Swift, and more. Swimmers and non-swimmers alike can take part in this workout to reduce stress, improve overall health, physical appearance, and self-esteem. One thing is certain... you will have a **BLAST!**

Tuesdays, 3:40-4:30pm – Leisure Pool

Just bring a suit and towel, all equipment is provided.

Water Fitness Class Fees

	DCRC Member	Guest
Trial Pass	\$8.00	\$8.00
10 Class Pass	\$35.00	\$50.00
20 Class Pass	\$50.00	\$65.00
Unlimited Monthly Pass	\$40.00	\$50.00

DCRC Membership is not required to attend classes!

