

# Sticks & Stones (8-12yrs)

## Instructors: Peg Trimmer & Susan McDannald



Peg Trimmer is a Licensed EAP and EAL Equine Therapist. She has a passion for Equine Therapy, and believes it's a wonderful tool to help adults, children, and families understand more about themselves and one another. She started The Mustard Seed Equine Therapy Program in North Carolina, and then moved her business to Ohio, where she currently runs a variety of programs.

Susan McDannald is an artist turned professional counselor. She brings self-reflection and growth to both children and adults in imaginative ways. She is a Licensed Psychotherapy (LPCC) and a Beyond Consequences Certified Instructor. Her involvement in Equine Therapy utilizes all her experience and talent.

## Meeting Dates/Times/Location

Wednesday & Thursday, June 12 & 13, 9 – 10:30 a.m., Coffman Park Art Stable

## Program Overview

This two-day Equine Assisted Growth and Learning (EAL) program presented by **The Mustard Seed Farm** focuses on bullying & conflict resolution, and personal/social development in a new, fun, and exciting way! Children learn about themselves and their peers by participating in practical activities with mini horses. The facilitators present the children with non-riding games and challenges, and each session ends with art activities that apply to the daily lesson. This is a great program to help build empathy, compassion, and respect in participants so they are better able to handle life situations. All participants receive **The Mustard See Farm** t-shirt.

## Program Expectations for Parents

Parents are expected to bring their child to the program on time, and pick up promptly at the conclusion.

## Program Fees/Supplies/Dress

There are two classes this session. The program fee is \$100 for Residents and \$110 for School District & Non-Residents. Minimum enrollment is required one week prior to the program date. Children should dress appropriately for the summer weather. The program is held outdoors, so children should have sunscreen already applied and wear closed-toed shoes (such as gym shoes). Please do not send your child in sandals, crocs, or other summer shoes due to being outside in the grass/dirt area and around the mini horses.

