

Ms. Hall said the discussion of a trolley keeps coming up. When she participated in the cultural arts district group, this discussion came up with that group also. The idea of having a source of transportation for people to use during lunch. Bicycles don't really make sense if there is a group of people going to the same place, as a trolley would be easy to get from point A to point B without having to take your vehicle somewhere close by.

The group had some discussion and questions regarding a trolley system

- How would the trolley be routed?
- Who would own it and operate it?
- It would need to be easily available to the public and probably have multiple routes to different areas of Dublin.
- An app would be beneficial to determine location of the trolley throughout the day
- Comparison to the "People Mover" in Cleveland Ohio which has different circuits. It's raised above the City and it moves quickly throughout the different circuits
- Can't narrow focus to lunch and leisure programming, as there is the need for transportation in the discussion of "aging in place" for seniors that need to get to doctor appointments, etc. that cannot drive
- There should be multiple options based on the need
- There are different types of funding and grants that the City could look into. They are limited, but there are some options available based on the need
- In order for to be successful it needs to be available all day
- Need to review what other communities are doing with similar demographics

Ms. Crandall mentioned to the group that the Planning Division, along with some other staff met with a company that has an electric vehicle which operates in the same concept as Uber or Lift. You have an app or you can call for a ride. It's free and you are welcome to tip the driver, but they make their money on advertisement which they do by having wraps placed on the cars and they play advertisement videos when you are in the car. The vehicle is similar to a van and can hold 6-8 patrons. It seems like there are a lot of opportunities that are starting to emerge like this one.

VI. Aging in Place Strategic Plan

Ms. Bohman suggested going through the three difference sections briefly then add what the group feels is missing from the plan. One thing that Ms. Bohman suggested a need for a list of resources. This would be beneficial to have a list of resources categorized for seniors to easily access information which should include a phone number and email address for each resource. Also it would be nice if there was one informational phone number for seniors to connect with some type of call center if they do not know who to contact for a particular problem or question.

Mr. Strup asked Ms. Crandall once this plan is approved who is going to administer the plan and provide the services. Will the City hire staff to help coordinate this plan or will the City use outside resources.

Ms. Crandall said the next step after the plan goes to Council for approval is for an internal employee team to work on detailing the action items, identifying service gaps that exist in the plan and reaching out to partners to get other agencies involved. Ms. Crandall commented that there may be a need to

be a central number or one-stop-shop resource in Dublin. After hearing from the Central Ohio Agency on Aging (COAAA) it appears there is a potential significant role they could play. An option might be for the City of Dublin or Ohio University to approach the COAAA, to see if space could be made available for some of their case managers. Another option could be to possibly provide an additional grant to Syntero to provide services. These are all worth exploring. All of these options would be preferable to the City trying to hire the expertise in-house. The group concurred with Ms. Crandall and additional comments were noted:

- If this is a great idea for Dublin, then the City needs to identify partnerships and agencies to work with and determine how we move forward. The City needs to determine the roles and who should fill those roles.
- It won't be a one size fits all. There are different aspects of it and someone needs to determine how it all fits together.
- The group concurred that there needs to be a person or people responsible for providing an action plan and making sure it moves forward.

Mr. Kapustin commented that we need to reach out to other communities also. There are seniors that live in other communities that are smaller and that don't have the capacity of the care and transportation to provide the support or social interaction for their residents. These people would like to be interactive, but due to minimal family or friends to get them from place to place and nothing local to transport, they are confined to their homes or facilities. This provides Dublin the opportunity to partner with other communities and help them out also once this plan is in place. Ms. Crandall commented that a part of the plan looks at social interaction and the issues with isolation caused by lack of transportation. Ms. Crandall said she would add Mr. Kapustin's input to her notes of item to discuss.

Ms. Carr asked Ms. Crandall if the senior center at the recreation center is a part of Parks and Recreation or is it its own stand-alone organization. Ms. Crandall replied that it is a part of the recreation center and they pay a membership to join, but there is a board that governs that group. It is its own 501(c)(3) organization. That group though is starting to decline as the traditional senior members are getting older and the next group which is the boomer population doesn't want to be called "seniors."

Ms. Carr said the reason she asked is because in Parma Heights, Ohio they have a senior center which would provide a transportation service through the senior center, along with other services that were offered through the entity.

Mr. Strup also commented that in Williams County there is a county department of aging. It was one of the largest departments in the county. There are seven senior sites which were located in different communities due to partnerships within the different communities. They would provide the space and the county provided everything else. There were two meal operations that would go to the seven sites and there were delivery trucks for meals on wheels. We provided transportation also. We had a county nursing home, Veterans services, and other coordinating entities that could help provide a number of different services for the county. There was a senior center advisory board that was comprised of approximately 18 people from around the county of all different ages and demographics to get buy in from the community to continue to provide support. This was important to have buy in from the community so that the levies would be passed to help support his program.

Ms. Carr commented based on the upcoming demographics of the senior group, it might be beneficial to have a center that is not a “senior” center to accommodate the boomers that don’t want to be called seniors, but provide services for all demographics. The City may need to redefine what is being offered and who is being served to make it attractive to the population.

Ms. Crandall said that the City has changed some of our recreational programming based on input from the boomer group. We’ve added some 40+ classes and programs, because there are some that want to participate in yoga classes, but they also don’t want to be standing next to the 20 year old during that class, so we added this programming which has been appealing to this group well. Ms. Crandall said she has been working closely with Ohio University as they look at incorporating a health and wellness center on their campus and they are trying to focus on this population also, so that may also help with this population. The transportation piece is still one that we need to figure out and there will need to be a variety of answers for the seniors as well.

Mr. Strup commented that he would get some more information on the program that Williams County offers.

Ms. Baker commented that when talking about seniors, and the boomers and traditional there is a separation of age. A lot of people don’t lose their license until they are 90 years old, but there are different determining factors such as age, health and economics. It’s a combined concern. An example would be someone that can’t drive at 65, but may not be able to afford a tax to get to their doctor appointments. So we have to consider there are different concerns at different ages.

Section 1 – Health/Wellness & Social Resources

Ms. Bohman highlighted some suggestions from past minutes that were not in the plan:

- Ohio University is planning a patient communication and navigation program. They are looking at adaptive devices to for the seniors that need help
- A suggestion was to offer some online courses for seniors. Some seniors would also like to sit in on college classes

Some other suggestions mentioned:

- A service day is offered once a year and should be expanded year round
- Yard squad should also be added to the plan under the basic services. This provides service for some home maintenance needs external
- Some type of program should be offered to provide maintenance services inside the home also, but there seem to be liability issues. Worthington has a service day which is serviced through a non-profit organization and they do go inside of homes. Dublin leadership does a service day but it is run by the Chamber which is not a non-profit. We need to look into the details of how Worthington operates their community service day
- One suggestion under the section that mentions opportunities targeted at key health risks of the aging adult population, would be to have some type of support group for people that are losing their memory or site. Some type of group to help them cope with this change and provide support

Discussion took place regarding homeowner’s associations (HOA) providing transportation opportunities for their neighborhoods, but most HOA’s are volunteers so that may be outside what

they can do. There are some churches that provide transportation for their members. Future discussion will need to take place on other transportation needs and opportunity.

Section 2 – Civic Engagement and Employment

Ms. Bohman commented that school district hands out a green shamrock to the seniors in Dublin which provides free admission to home games, plays and activities within the school district for free. They are available at the DCRC senior center lounge and at every middle school and high school office. You can also send an email to the school district through their website and they can send you the shamrock sticker. One of the issues is that seniors want to go to the school plays, but they can't determine when and where they are. It's not easy to find on the school district website. Ms. Gawronski said that would be a great partnership with the school. They could provide the schedule directly to the recreation center and the City can post it there.

Ms. Baker commented that the volunteer section is very insightful and is a great addition to this segment and it's great that the City provides so many volunteer opportunities.

Mr. Strup also commented that City staff is incredible and what the City provides is awesome and staff should be very proud of it and communicate it better. He said he doesn't feel the City does enough to communicate it and they should because the City does a great job in providing great opportunities for the residents.

Ms. Crandall replied that it sometimes seems like we have so much to communicate that it's tough sometimes to mention everything, but our volunteer program is recognized nationally and it's because of our great residents that contribute towards the program.

Ms. Bohman commented that a new trend seems to be that parents are moving closer to their children and grandchildren to have that social interaction, whereas children used to move closer to their parents to take care of them. That doesn't seem to be the case because the children can't leave their communities due to their jobs and their social interaction. Ms. Carr commented that one of the biggest challenges with that is that when seniors move away from their current environment they can struggle to maintain social interaction in a new environment and that can make their health deteriorate.

Ms. Hall commented that it's hard to build new support groups unless you are still working, so we need to fill that gap and help provide opportunity and programming to keep them socially interactive.

Ms. Baker also added that this is where volunteerism comes in and provides great opportunity for social interaction.

Ms. Bohman commented that Dublin City Schools is a wonderful school district but they are lacking in their volunteer opportunities. People go to the website and fill out the volunteer application; they receive their card with approval to volunteer, but no one ever calls them to volunteer.

Ms. Carr replied that they aren't allowing parents to volunteer either. It doesn't seem like they are using volunteers in the classrooms like they used to. With all of the security protocol that went into effect they were trying to reduce the amount of people that were in the buildings, so they just don't seem to use volunteers as much anymore.

Ms. Bohman said a part of the problem also is the communication. She has spoken with Doug Baker in the communication department and he said they are aware there is no follow-up with those that want to volunteer to let them know if they need them or not.

Ms. Hall commented said that OSU has an intergenerational center which is a partnership between medicine, nursing and social work. It allows the aging population to interact with pre-school age groups to have the interaction between the two by offering programs including reading together.

Ms. Crandall said Ohio University discussed having a pre-school room (similar to the Week Folk Room at the recreation center), but also have a similar room for seniors and it will have the same concept of being intergenerational.

Section 3 – Daily Living

Ms. Carr said in regards to the section on changes to land use patterns, she asked if there is vacant land that could accommodate land use changes to comply with this plan.

Ms. Crandall replied that it could be in areas that are being redeveloped.

Ms. Carr commented that could be an area where we revisit the transportation piece and possibly provide a trolley to bring residents to established areas.

Ms. Bohman asked if the commission should put together a draft of the recommendations discussed.

Ms. Crandall replied that she captured a lot of notes on the recommendations. She said she would put together a draft of the recommendations and bring it back to the group for review.

Ms. Baker commented that the minutes should also serve in providing feedback.

Ms. Carr asked if the commission has completed what they were tasked with. Ms. Baker also asked if there is still more time to discuss this plan with neighbors and friends in the area to see if we have missed anything or will there be more focus groups in the future.

Ms. Crandall said this group has accomplished the task of identifying additional items missing from the plan.

Ms. Crandall commented that once this plan is adopted, staff will need to bring it back to the internal team to see what is still missing. Another group we will need to reach out to are individuals that are in assisted living or senior centers. We need to determine if we have identified their needs also. Ms. Crandall will draft the recommendations and a cover memo and bring it back to this commission for review and approval.

VII. Other Items of Interest

Ms. Gawronski said that Dublin Coffman is performing the play “Kiss Me Kate” this weekend if anyone is interested.

Ms. Baker commented that she dropped off the recreation brochures to the library and they were very thankful.

Ms. Carr made note of the many activities going on at Coffman Park on April 22nd for Earth Day. Everyone should have received an email from Christine Nardecchia.

Ms. Bohman distributed a list of events and activities going on between now and the next CSAC meeting for members to be aware of.

Ms. Crandall updated the commission that the City received feedback from the League of American Bicyclist on our bronze status. We sent out invitations for former Bicycle Task Force members and bicycle ambassadors for two meetings to provide input on this feedback. The meetings will be held on April 19 and May 24. Ms. Baker asked if anyone from CSAC is in either of those groups. Ms. Crandall commented that there are no commission members in either of those groups, but if anyone is interested in attending it would be nice to have some representation from this commission attend. Ms. Baker commented that she was interested.

Ms. Crandall also commented that the Tantrum Theater has their summer season coming up and their first play is Midsummer Night's Dream which starts May 30th. They will be having an opening reception sometime around the first week of May and the commission members will receive invitations.

VIII. Next Meeting – April 11, 2017

The next meeting of CSAC will be held on Tuesday, May 9, 2017 at 6:30 p.m.

IX. Adjournment

There being no further business, the meeting was adjourned at 8:28 p.m.

Respectfully Submitted by:



Marja Keplar, Administrative Support III

Attachments: Mobility Study Workshop Summary PowerPoint
Other Items of Interest – Upcoming Events