

DUBLIN COMMUNITY RECREATION CENTER ADAPTIVE SWIM LESSONS SCHEDULE

Adaptive Swim Fall 2: October 29th through December 16th (6 lessons; Saturday class will be 5 lessons)

No Lessons November 18-25 due to Thanksgiving Break

Registration Information

Online & In-person Registration Phone Registration

Resident & School District

October 24th – October 28th I 6am October 26th – October 28th

Non-Residents

October 26th – October 28th I 6am October 27th – October 28th

Fees

Adaptive – Monday/Wednesday Classes

Resident **\$81.00**School District and Non-Resident **\$99.00**

Adaptive – Saturday Class

Resident **\$67.50**School District and Non-Resident **\$82.50**

Our Adaptive Aquatics program focuses on water safety, self-confidence, and other physical developmental skills. These swim lessons are taught in a non-competitive environment, and each child progresses at their own pace.

Beginning Adaptive Swim, 2-12 years old							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginning				7:00p-7:45p 481410.04			8:15a-9:00a 481410.05
Experienced Adaptive Swim, 2-12 years old							
Level	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Experienced		6:30p-7:15p 481410.06					
Adolescent/Adult Adaptive Swim, 13+ years old							
Level	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adolescent /Adult				7:45p-8:30p 481410.07			



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Program Length

Swim lesson sessions will be <u>six</u> weeks in length, with class meeting once a week.

• All Adaptive Levels: 30 minutes with 15 minutes of exploration

*During exploration time, instructor will be present to assist and provide feedback to swimmers while they work on skills learned or play games. Parents/guardians/caregivers are more than welcome to join their swimmer in the water during this time.

Lesson Ratios

Instructor to student ratios will be closely monitored to ensure the safety of all participants and quality programming. The class ratios are as follows:

Beginning Adaptive: 1:4 students*
 Experienced Adaptive: 1:6 Students*

Adolescent/Adult Adaptive: 1:5 Students*

Lesson Age Ranges

Required age ranges for the identified classes allow our instructors to provide lessons designed with your child's gross and motor skill development in mind. These ranges are listed on the class schedule (see page 1).

Adaptive Swim Lessons Accommodations

DCRC promotes an inclusive policy for all of our programs. To provide the best overall experiences for your child, an appointment must be made for an inquiry of needs. Please contact Meaghan Campbell, Adaptive Coordinator at 614-410-4574. This must be done before sign up to assure placement and so accommodations can be identified.

In addition to requiring a caregiver in the water & present at each lesson, our program will provide an Adaptive Aide present at each class to help individualize the group swim lesson experience.

Class Descriptions

Beginning Adaptive Swim

Adaptive Swim Lessons for Beginners is intended for students under the age of 13 that are not acclimated to the water or students who have no prior swimming experience. Caregivers must be in the water & present with the student at every lesson.

• The Saturday morning Beginning Adaptive Swim will be hosted during sensory friendly quiet hours before our general group lessons begin at 9am.

Experienced Adaptive Swim

Adaptive Swim Lessons for Experienced Swimmers is intended for students under the age of 13 who are comfortable in the water and have established water safety or swimming goals with an existing adaptive swim instructor. Caregivers must be in the water & present with the student at every lesson, unless otherwise stated by the Adaptive Swim Instructor.

Adolescent/Adult Adaptive Swim

Adaptive Adolescent/Adult Swimming Lessons is for students ages 13+ to focus on various water safety and swimming skills, and to help promote self-confidence in/around the water. Students will receive exploration time throughout the lesson and in between skills. Caregivers must be in the water & present with the student at every lesson unless otherwise stated by the Adaptive Swim Instructor.

^{*} Pairs indicated will require a parent/guardian/care-giver in the water to help aid with skills of swimmer.



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Program Policies

Prepayment Policy

Payment is due upon registration. You must use a Visa, MasterCard, Discover, or AMEX when registering online. If you prefer to use cash or check you must register in person at the DCRC.

Cancellation/Refund Policy

Please check the dates of the swim lesson session closely as refunds will not be issued once the session is in progress. Exceptions may be given for medical reasons with a physician's note or approval from the Aquatics Supervisor. Full refunds are granted, minus a \$15 administrative fee, if requests are made prior to the start of the first class.

Swim Assessments/Transferring Level

Uncertain of the correct level to enroll you or your child? Try our online assessment tool at DublinOhioUSA.gov/swim-lessons/ or schedule an in-water assessment with our Aquatics Programming Coordinator at 614.410.4597. Upon the first class, instructors will confirm participants are in the proper level. Should the participant need to transfer to another level, availability within the current session is not guaranteed and a partial refund will be issued if other sections are unavailable.

Makeup Policy

No makeup classes are offered for lessons missed by participants. Lessons canceled due to weather or mechanical issues are made up at a later date at the same time. If pool schedule does not permit, a refund will be issued. All participants receive a call to the phone number provided during registration and are notified of the make-up date. No individual accommodations are made if participants are unable to attend the make-up class provided.

Inclement Weather Policy

During inclement weather, the DCRC facilities maintain normal operating hours unless directed otherwise by the City Manager. In general, DCRC class/activity schedules coincide with Dublin City Schools. Whenever schools are released early for inclement weather, all evening classes at the DCRC are cancelled. When school is cancelled, all daytime DCRC classes are cancelled, and a decision regarding evening classes (those after 4 p.m.) will be made by 2 p.m. Please call the Weather Hotline at 614.410.4946, to find out about weekend or evening classes. All attempts will be made to make up missed classes.

Waitlist

All efforts are made to enroll students off the waitlist if availability exists, communication from the Aquatics Programming Coordinator will occur during the first week of the session. No proration will be provided after the start of the class.

Low Enrollment

We reserve the right to cancel any class due to low enrollment. All efforts are made to enroll the student into another class within the same session. However, if no availability exists, a full refund is issued.

Questions? Contact Sid Conn, Aquatics Program Coordinator, at sconn@dublin.oh.us or 614-410-4597.