LAP POOL LANE SCHEDULE

	7/14/2024 Sunday	7/15/2024 Monday	7/16/2024 Tuesday	7/17/2024 Wednesday	7/18/2024 Thursday	7/19/2024 Friday	7/20/2024 Saturday
AM	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11
5:30	Pool Closed						Pool Closed
5:45							
6:00							
6:15							
6:30							
6:45							
7:00				Water Fitness		Water Fitness	
7:15							
7:30							
7:45							
8:00			Water Fitness				Sea Dragons
8:15							
8:30							
8:45							
9:00			Water Fitness		Water Fitness	Water Fitness	
9:15							
9:30							
9:45							
10:00	Swim Lessons; Swim Lessons	Open Exercise	Water Fitness; Swim Lessons	Open Exercise	WSI Class	WSI Class; WSI Class	WSI Class; Swim Lessons
10:15							
10:30							
10:45							
11:00	Pop-Up Class		Swim Lessons		Water Fitness; Open Exercise		Swim Lessons; WSI Class
11:15							
11:30							
11:45							
PM	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11
12:00			Swim Lessons		WSI Class	WSI Class	Swim Lessons
12:15							
12:30							
12:45							
1:00		Open Exercise	Open Exercise	Open Exercise			WSI Class
1:15							
1:30							
1:45							
2:00					WSI Class		
2:15							
2:30							
2:45							
3:00			Sea Dragons		Sea Dragons		WSI Class
3:15							
3:30							
3:45							
4:00				Diving Board Open Hours			
4:15							
4:30							
4:45							
5:00		Sea Dragons		Swim Lessons	WSI	Sea Dragons	
5:15							
5:30							
5:45							
6:00				Water Fitness			
6:15							
6:30		Swim Lessons					
6:45							
7:00					Sea Dragons		
7:15							
7:30							
7:45							
8:00	Pool Closed			LG			Pool Closed
8:15							
8:30							
8:45							
9:00		Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	
	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11	1 2 3 4 5 6 7 8 9 10 11

If you have any questions about the schedule, please ask the Pool Manager on duty.

While we do our best to adhere to this schedule, all times and locations are **subject to change**.