

Adaptive Swim Lessons Schedule

Winter Swim Lessons

Classes meet once per week for 7 weeks

Winter Session: January 13 – February 24 (7 classes)

Registration Notes:

Please see the chart below for your opening registration date. City of Dublin Residents receive priority registration for all DCRC Programs. You may register for classes online or in person at 6 a.m. on your registration date. You must have an account with the DCRC to register for swim lessons. All new accounts default to a non-resident account. Please upload your proof of residency online when you create your account or bring your proof of residency in person to the DCRC front desk at least two business days before registration.

Waitlist:

We try to enroll students off the waitlist as spots become available. If a spot opens, the Aquatics Programming Coordinator will contact you within the first week of the session using the primary email on file with the DCRC. You will have 24 hours to respond and confirm your interest in the open class slot.

Please note: If you choose to enroll, no proration will be provided once the class has started. If you do not receive contact from the Aquatics Programming Coordinator, there are no open spots in the class.

Registration Information

Online & In-person Registration
Phone Registration

Dublin Residents

Jan 6 | 6 a.m.
Jan 8

School District/Non-Residents

Jan 8 | 6 a.m.
Jan 9

Program Fees

Fees for 7 Classes	
City of Dublin Resident	Dublin School District/Non-Resident
\$120	\$144

Adaptive Aquatics classes are geared for children with disabilities between 2-12 years of age & adolescents/adults ages 13+ years old. This program focuses on water safety, self-confidence, and other physical developmental skills. Our Adaptive Aquatics program focuses on water safety, self-confidence, and other physical developmental skills. These inclusive swim lessons are taught in a non-competitive environment, and each participant progresses at their own pace.



Recreation Services - Aquatics



5600 Post Road
Dublin, Ohio 43017



614.410.4466
dublinohiousa.gov

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Winter Class Offerings

Youth Adaptive Swim with Parent, 2-12.99 years old							
Level	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Adaptive Swim			6:00-6:30 p.m.				

Youth Adaptive Swim, 2-12.99 years old							
Level	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Adaptive Swim			6:45-7:15 p.m.				



All Dublin Adaptive Swim Instructors and Dublin Adaptive Aides are certified **Water Safety Instructors** through the American Red Cross. Our instructors have additional certifications in American Red Cross First Aid and CPR/AED for Professional Rescuers. Our high-quality instructors have experience teaching **individuals of all ages and abilities** and are available to help participants grow in swimming and water safety.

Adolescent/Adult Adaptive Swim, 13+ years old							
Level	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adolescent/Adult Adaptive Swim			7:30-8:00 p.m.				

Thank you for choosing swim lessons at the Dublin Community Recreation Center. We look forward to seeing your swimmer in the pool this!

Class Descriptions

Youth Adaptive Swim w/Parent (Ages 2-12.99 years)

Adaptive Swim Lessons are intended for experienced swim students under 13 who are comfortable in the water and have established water safety or swimming goals with an existing adaptive swim instructor. Caregivers must be in the water and present with the student at every lesson unless otherwise stated by the Adaptive Swim Instructor. **This class requires a parent/caregiver to be in the water with the participant for each class session.**

Youth Adaptive Swim (Ages 2-12.99 years)

Adaptive Swim Lessons are intended for experienced swim students under 13 who are comfortable in the water and have established water safety or swimming goals with an existing adaptive swim instructor. Caregivers must be in the water and present with the student at every lesson unless otherwise stated by the Adaptive Swim Instructor.

Adolescent/Adult Adaptive Swim (Ages 13+ years)

Adaptive Adolescent/Adult Swimming Lessons are for participants ages 13+ to focus on various water safety and swimming skills, and to help promote self-confidence in/around the water. Students will receive exploration time throughout the lesson and between skills. Caregivers must be in the water & present with the participant at every lesson unless otherwise stated by the Adaptive Swim Instructor.

Program Length

This swim lesson session will be 7 weeks in length, with class meetings once a week.

- All Adaptive Levels: **30 minutes**

Lesson Ratios

Instructor-to-student ratios will be closely monitored to ensure the safety of all participants and quality programming. The class ratios are as follows:

- Youth Adaptive Swim: **1:4 students***
- Youth Adaptive Swim: **1:2 students**
- Adolescent/Adult Adaptive: **1:2 students**

**Pairs indicated will require a parent/guardian/caregiver in the water to help with the swimmer's skills*

Lesson Age Ranges

Required age ranges for the identified classes allow our instructors to provide lessons designed with your child's gross and motor skill development in mind. These ranges are listed on the class schedule (see page 2).

Adaptive Swim Lessons Accommodations

DCRC promotes an inclusive policy for all our programs. To provide your child with the best overall experience, a general **intake questionnaire** will be completed during registration so our instructors can identify accommodations needed before the first day of class. Upon registering for Adaptive Swimming Lessons, you will additionally meet with Adaptive Recreation Coordinator, Brittney Hanks, to identify accommodations for swimming lessons and other Recreation Center Programming needs. The Adaptive Recreation Coordinator can be contacted at bhanks@dublin.oh.us.

In addition to requiring a caregiver in the water & present at each lesson, our program will provide an Adaptive Aide present at each class to help individualize the group swim lesson experience.

Program Policies

Prepayment Policy

Payment is due upon registration. You must use a Visa, MasterCard, Discover, or AMEX when registering online. You must register in person at the DCRC if you prefer cash or a check.

Cancellation/Refund Policy

Please check the dates of the swim lesson session closely, as refunds will not be issued once the session is in progress. Exceptions may be given for medical reasons with a physician's note or approval from the Aquatics Supervisor. Full refunds are granted, minus a \$15 administrative fee, if requests are made before the start of the first class.

Swim Assessments/Transferring Level

Uncertain of the correct level to enroll you or your child? Try our online assessment tool, the [Swim Lesson Assessment Tool](#), or schedule an in-water assessment with our Aquatics Supervisor at jdecarlo@dublin.oh.us. Please review the age requirements for each swim lesson level. Upon the first class, instructors will confirm that participants are at the proper level. Should the participant need to transfer to another level, availability within the current session is not guaranteed and a partial refund will be issued if other sections are unavailable. City of Dublin staff reserve the right to transfer the student to the correct level.

Makeup Policy

No makeup classes are offered for lessons missed by participants. Lessons canceled due to weather or mechanical issues are made up later at the same time. If the pool schedule does not permit, a refund will be issued. All participants receive an email to the email provided during registration and are notified of the make-up date. No individual accommodations are made if participants cannot attend the make-up class provided.

Inclement Weather Policy

During inclement weather, the DCRC facilities maintain normal operating hours unless directed otherwise by the City Manager. In general, DCRC class/activity schedules coincide with Dublin City Schools. Whenever schools are released early for inclement weather that impacts roads, all evening classes at the DCRC are canceled. When school is canceled for inclement weather impacting roads, all daytime DCRC classes are canceled, and a decision regarding evening classes (those after 4 p.m.) will be made by 2 p.m. Please call the Weather Hotline at 614.410.4946 to find out about weekend or evening classes. All attempts will be made to make up missed classes.

Waitlist

We try to enroll students off the waitlist as spots become available. If a spot opens, the Aquatics Programming Coordinator will contact you within the first week of the session using the primary email on file with the DCRC. You will have 24 hours to respond and confirm your interest in the open class slot.

Please note: If you choose to enroll, no proration will be provided once the class has started. If you do not receive a contact from the Aquatics Programming Coordinator, there are no open spots in the class.

Low Enrollment

We reserve the right to cancel any class due to low enrollment. All efforts are made to enroll the student into another class within the same session. However, if no availability exists, a full refund is issued.

Questions? Contact Jamie DeCarlo, Aquatics Supervisor, at
jdecarlo@dublin.oh.us