

PRESCHOOL OPEN GYM (6MOS-6YRS W/PARENT)

Meeting Dates/Times/Location

Mondays & Fridays, January 7 – May 24

9 – 11 a.m.

DCRC, Gymnasium B

Days Off

There is NO gym Jan. 21, Feb. 18, Mar. 25 & 29, & Apr. 19

(Dublin Schools are closed).

- If schools close due to inclement weather on a Monday or Friday, Open Gym will **NOT** be held.
- One/two hour school delays **do not** impact the Preschool Open Gym times – regular hours will be held.



Program Overview

Bring your little ones on Mondays and Fridays to Preschool Open Gym. The gym is set up with age appropriate toys and equipment for you and your child to play and have a safe, fun time. This is a drop in program, with no registration necessary. Fee is collected when you arrive, or purchase a POG pass for quick entry.

Program Expectations for Parents

This is an unstructured program and parent participation is a requirement throughout the program. Preschool Open Gym is not intended for daycares and playgroups. Parents are required to show a state ID card or DCRC membership card at the check-in desk to participate in the program. Parents will be asked to remove their child from the program for such things as: vomit; communicable-type diseases; and consistent behavior concerns that put the safety of other participants at risk.

If your child needs a snack or drink, there is a lobby with tables and chairs for your convenience – there is no food or drink (other than water) permitted in the gym.

Program Fees/Supplies/Dress

The program fee is \$3 per child/per visit or purchase a POG pass for \$30 (11 visits). This fee applies to both residents and non-residents. **The fee applies to all children on the equipment and involved in the program.** Wear comfortable clothing that allows for freedom of movement. Both parents and participants are required to remove their shoes so please be prepared to go barefoot, or bring/wear socks.

PRESCHOOL OPEN GYM RULES ARE ON THE BACKSIDE OF THIS SHEET.

Preschool/Youth Monthly Email Newsletter

If you would like to receive monthly e-mail updates on preschool/youth programs, please join our e-mail mailing list. Contact Jennifer Vosters at 614.410.4573, or jvosters@dublin.oh.us to add your address to the list.

dublinohiousa.gov/recreation-services/preschoolyouth



PRESCHOOL OPEN GYM RULES

Signing In:

Upon entering the gym, please present the receipt (or POG pass) to the Open Gym Supervisor and sign the release form. Once signed in, we ask that you please check in/out with the Open Gym Supervisor if you must leave the gym.

Parent Participation/Support:

This program is designed so you and your child have an opportunity to safely play and have fun together. We require a ratio of at least one parent for every three children (1:3). Please keep children away from the stairs leading to the track. There is an Open Gym Supervisor on site during the program for assistance, but the parent/guardian is ultimately responsible. **Please know where your child is at all times.** Families that need assistance during Preschool Open Gym, please reach out to our staff so we can best assist you. You may also contact Jennifer Vosters, Program Coordinator at 614-410-4573 to discuss questions/concerns regarding the program.

Remove Shoes:

When playing on the mats please take off your shoes and your child's shoes. It is safer for the children and helps avoid fingers and hands being stepped on. Removing shoes also helps keep the equipment in good shape for this program, as well as for other recreation programs we offer.

Healthy Kids:

Families are asked to remove their child from the gym for any/all diaper changes. If your child becomes ill or vomits during Preschool Open Gym, they must be removed from the facility right away. Our staff will make sure that the area and all equipment are cleaned and sanitized before allowing the program to continue. Refunds are NOT available due to illness.

Socialization:

We understand children in our POG program are still developing an understanding of behavior and control. For this reason, if we see potential & consistent behavior concerns that put participants at risk, we will ask parents to remove their child from the program and meet with the Preschool/Youth Programming Team to discuss concerns before returning to the program.

Cleaning & Communication:

In order to provide a safe environment for all participants, we have the following cleaning schedule in place:

1. Gym Mats – thoroughly cleaned with HDQL 10 cleaner/disinfectant (used on fitness floor) every Monday evening.
2. Gym Equipment & Larger Toys – wiped down with Clorox wipes prior to EVERY Preschool Open Gym session.
3. Smaller Toys (including play food for kitchen area) – wiped down with Clorox wipes and plastics cleaned through hot cycle in dishwasher after every Preschool Open Gym session.

For the most effective and timely communication with our participants relating to health concerns and updates, we have a POG Email List available to sign up for at the check-in table. We highly recommend all participants add their email to this list. This list is optional and will ONLY be used to communicate Preschool Open Gym information.

Program Evaluation:

You can access this survey at any time to let us know what you think of Preschool Open Gym and provide feedback that helps better our program: <http://www.surveymonkey.com/s/KPH2R5C>

