



DCSC

MARCH / APRIL 2020

**5600 Post Road
Dublin, Ohio 43017-1212
614-410-4550**

Welcome to our monthly luncheon/meeting on Monday, March 9. Friends start gathering at 11am. *St. Paddy's Day* is right around the corner in Ye Olde Dublin. The Sanctuary at Tuttle Crossing provides a traditional entrée of Corned Beef and Cabbage.

Program entertainment begins at 12:30 pm. The luck of the Irish and Polaris Retirement Community are bringing the Columbus Zoo to the stage. Don't miss this special edition of *"The Zoo, Polaris Retirement, and You."*

Our next monthly luncheon/meeting is Monday, April 13. Friends start gathering at 11am.

Dublin Retirement Village provides this month's delicious entrée of Chicken Cordon Bleu (a chicken breast stuffed with ham and Swiss cheese then breaded and sautéed).

Program entertainment begins at 12:30 pm. Get ready to laugh! Ventriloquist David Crone brings a few of his cast of characters and blends in a touch of comedy magic. His *I'm No Dummy* show guarantees to leave you doubled over with laughter. This is a one hour show.

 **Look under "General Information" on Page 12 for more information on the monthly luncheon/meeting, including an event time schedule.**

Special Notes

During the winter months, DCSC programs are canceled on days when the Dublin City Schools are closed for inclement weather.

Have you renewed your DCSC membership for 2020?

Please note... You must be a member of the DCSC organization to participate in most programming listed within this newsletter. Some classes, wellness clinics, support groups and sponsor driven events are exceptions to this policy.

Membership requirement is age 55 years and older. The membership fee for Dublin residents is \$15 and \$20 for school

district/non-residents. Anyone 90 years and older has earned a free membership but must still fill out the required form.

DCSC membership fees and all class payments (programs with an assigned class number), are now being made at the Front Desk.

The DCSC Programming Office and Lounge are open M-F from 9am to 4pm for scheduled meetings, games, programs, and classes. We encourage DCSC members to participate in the many scheduled programs we provide in the Lounge as this space is unavailable for drop-in activities.

Front Desk Registration Information for Summer Classes:

Tuesday, Mar 17
6am Online registration for Dublin and Dublin City School District residents

Tuesday, Mar 24
6am Online registration for nonresidents
10am Walk-in and phone registration



HIGHLIGHTS

Thursday, March 12 – Where is Your Favorite Place to Travel and Why?

Whether you've only been away from home a few times or you're a world traveler, you probably have one place you've liked the most. Let's discuss those spots so others can add your favorite place to their bucket list. Victoria also covers the top rated places to go in 2020 along with travel tips and safety considerations.

Time: 2-3:30pm

Fee: No charge, pre-registration is required through the DCSC Programming Office

Location: Talla 2

Presenter: Victoria Larsen, Older Adult Program Coordinator, Syntero/Dublin Counseling Center

Friday, March 13 – Euchre Tournament

Euchre fans claim there is no other card game. This tournament tests skill and stamina. Entrants must know how to play. Refreshments sponsored by Brookdale Muirfield are served before play begins. Prizes are awarded at the end of the tournament.

Limit: 44 Ages: 55 & up

Activity Date Day

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Time:

Noon: Refreshments 1-4pm: Play

Locations: Talla 1 DCSC Lounge

Fee: \$1, must be member of DCSC organization, pre-registration required by March 6.

Tuesday, March 17 – Tuesday Talks

The Horror of 9/11 and the Kindness of Strangers

September 11, 2001: A bit weary after spending three weeks volunteering in France and Denmark, Delta Flight 15 passenger Shirley Brooks-Jones was eager to return home and resume her "normal" life. As she reflected on the past three weeks, she closed her eyes and fell into a

light sleep but was suddenly jolted awake when she heard the captain advising passengers that a "slight emergency" had occurred. The plane had to dump 30,000 pounds of fuel, and would soon be landing in Gander, Newfoundland, instead of arriving in Columbus at 6:30pm. It would be five more days before Shirley would set foot in her own home. Despite the horror of the terrorist attacks of 9/11, Shirley's life-long belief that most people are good was truly reinforced by what she experienced during the days she spent in the tiny town of Lewisporte, Newfoundland where she was cared for by perfect strangers who have become life-long friends.

Refreshments sponsored by Dublin Retirement Village.

Time: 2pm

Fee: No charge, pre-registration required through DCSC Programming Office

Location: Talla 1

Speaker: Shirley Brooks-Jones, Passenger, Delta Flight 15 (9-11-01)

Founder and Coordinator, Lewisporte Area Flight 15 Scholarship

Deadline for registration is Thursday, March 12.

Wednesday, March 18 - Parkitecture: Historic Rustic Park Architecture in Ohio Parks

Yellowstone's Old Faithful Inn and Yosemite's Ahwahnee Hotel are world renowned examples of amazing "Parkitecture". Ohio has its own rich, but relatively unknown, legacy of this rustic park architecture from the early 1900's, some right here in Dublin's own backyard. This presentation features numerous examples from throughout the state of these irreplaceable structures, each carefully hand crafted to harmonize with the natural world.

Time: 6:30pm Refreshments sponsored by Dublin Retirement Village

7 – 8pm Presentation

Location: Abbey Theater & Atrium

Speaker: Terence Seidel, The Nature Conservancy

Pre-registration required by calling 614-410-4579.

Thursday, March 19 – Special Screening of Glen Campbell: I'll Be Me

Alzheimer's disease knows no boundaries. Regardless if you're rich, poor, famous or not, it can strike anyone. Join us for a special screening of *Glen Campbell: I'll Be Me*, a poignant documentary film that follows country music legend Glen Campbell as he embarks on his final tour after being diagnosed with Alzheimer's disease. *I'll Be Me* captures unguarded moments between Glen and his family as they come to terms with the disease and his uncertain future. The film is filled with Glen's most beloved songs. A discussion about Alzheimer's disease and preventive measures you can take to hold it at bay will take place following the film.

Complimentary refreshments will be served during the screening.

Sponsored by Ganzhorn Suites Specialized Memory Care.

Time: 1 - 4pm

Location: Abbey Theater

Fee: No charge

To RSVP contact Anne Farley, Community Relations Director, CRD.Powell@ganzhorn.com or 614-398-9333

Monday, March 23 – DCSC Advisory Board Meeting

The Executive Committee and Board meet from 10:00 – 11:00 a.m.

Location: DCSC Lounge

Wednesday, March 25 - Nature of Things Endangered Species

Dublin is home to several endangered plants and animals living quietly right in our midst. Meet some live turtles whose wild counterparts are in peril. Explore ways that we are helping wildlife and how we have helped bring back several species that were at risk of disappearing from Ohio, including our National Bird the Bald Eagle.

Time: 2pm

Fee: No charge, pre-registration is required through the DCSC Programming Office.

Location: Talla 1



Speaker: Barbara Ray, Nature Education Coordinator **Deadline for registration is Monday, March 23.**

Thursday, March 26 – Coffee Concerto

Begin your day with coffee and confections while listening to pianist Jack Widner perform. At 10am DCSC members enjoy an hour of relaxation before starting their daily routine.

Fee: No charge, pre-registration required through DCSC Programming Office
Location: Talla 3
Deadline for registration is Monday, March 23.

Friday, March 27 - Lunch Bunch at Woodys Wing House

Woodys in Hilliard is now open! A J. Liu restaurant, Woodys is your place for good food and good times. Get a taste of their award-winning wings. Woodys brought home the title of Best Traditional Wings at the 2019 Ohio Wings & Beer Festival. We recommend heading to www.woodyswinghouse.com to preview their lunch menu and pricing. Our Lunch Bunch meets 11:30am at 1840 Hilliard-Rome Road, Hilliard. Please sign up so that we may give the restaurant an accurate count. **Deadline for registration is Monday, March 23.**

Sunday, April 5 – Dublin Senior Players Presents Murder in the Mansion

The Dublin Senior Players theater troupe presents *Murder in the Mansion*. Woolford W. Wilson enters his walk-in refrigerator to get a snack and finds a body on the floor. Fortunately, his wife's old friend and amateur sleuth, Miss Maple, happens to be visiting. She helps the police discover whose body it is, how it got there and who-done-it! Don't miss this hilarious 45 minute radio play.

Time: 3pm
Fee: No charge
Location: Abbey Theater
Guest Director: Michael Schirtzinger

Tuesday, April 7 – Spring Fling Bingo

B-12...O-70...BINGO. It's time to play Spring Fling Bingo and win some great prizes. The Sanctuary at Tuttle Crossing is donating the prizes for this big event.

Time: 1 – 2pm
Fee: \$1 for two cards
Location: Talla 3

Thursday, April 9 – Change Can Be Difficult to Deal With, Even When It's for the Better

If there's one thing that's inevitable in life, it's change. Sometimes those changes are small, but every once in a while they're major, things like marriage, divorce, loss of a loved one, a new job, an illness, moving or buying a new house, to name a few. These transitions can uproot or change our world, sometimes in ways we aren't prepared for or don't want. For all the pain, uncertainty, or joy these major life changes bring into our lives, there's no doubt they can take a toll on our health as we try to navigate our way through uncharted territory. If you are interested in learning about some of the ways change can impact us and ways we can soften the journey please join us.

Time: 2 pm
Fee: No charge, pre-registration required through DCSC Programming Office
Location: Talla 2
Speaker: Anita J. Gearhart, MSW, LSW, SourcePoint-Syntero Mental Health Program

Tuesday, April 14 – The Kent State Shootings – Murder or Misfortune

May 4th, 2020 is the 50th anniversary of the Kent State Shootings. Van examines the events leading up to the shootings of May 4, 1970, and the aftermath, including the trial of the National Guardsman several years later. Should any responsibility be placed on the soldiers for this tragedy or did the students and demonstrators hold all the blame? The talk also reviews the animosity that existed at the time between

student antiwar protestors and the United States government. Was it a murder or tragedy?

Time: 1 – 3 pm
Fee: No charge, pre-registration required through DCSC Programming Office
Location: DCSC Lounge
Speaker: Van Young, Historian

Thursday, April 16 – Lunch Bunch at Fadó Pub & Kitchen

At Fadó Pub & Kitchen you'll enjoy delicious European-inspired dishes served to you in a beautiful environment by a talented and caring staff. Their menu borrows from the great food traditions of France, Italy, Spain and, of course, Ireland. It's where they come from. While the menu is of the highest quality, it is never fancy or pretentious.

We recommend heading to www.fadopubkitchen.com to preview their lunch menu and pricing. Our Lunch Bunch meets 11:30am at 6642 Riverside Drive, Bridge Park District, Dublin. Please sign up so that we may give the restaurant an accurate count. **Deadline for registration is Monday, April 13.**

Tuesday, April 21 – Tuesday Talks Stones with Stories

Dublin has always been associated with stone. During that time when working in the quarries was a way of life, some of those craftsmen left their mark in stone around the village. You certainly have seen a few of them and may have wondered what that thing is? All have wonderful stories we want to share with you so you can pass them along as part of our shared Dublin heritage. Refreshments sponsored by Dublin Retirement Village.

Time: 2pm
Fee: No charge, pre-registration required through DCSC Programming Office
Location: Talla 2
Speaker: Tom Holton, Dublin Historical Society President
Deadline for registration is Thursday, April 16.



**Wednesday, April 22 –
DCSC Golf League
Kick-Off Meeting**

Enjoy a light brunch of Egg Strata (with bacon or vegetarian) while getting the scoop on this year's DCSC Golf League.
Time: 10am
Location: Talla 2 & 3

**Thursday, April 23 –
Coffee Concerto**

Begin your day with coffee and confections while listening to pianist Jack Widner perform. At 10am DCSC members enjoy an hour of relaxation before starting their daily routine.
Fee: No charge, pre-registration required through DCSC Programming Office
Location: Talla 3
Deadline for registration is Monday, April 20.

**Monday, April 27 –
DCSC Advisory Board Meeting**

The Executive Committee and Board meet from 10:00 – 11:00 a.m.
Location: DCSC Lounge

**Tuesday, April 28–
Art History
Picture This: The History of
Photography**

Is photography an art form? This lecture answers that question in the affirmative. Since its infancy, photographs have captured our world like no other artistic medium. It has been used to document historic events, to express humanitarian views. And to create new original art forms. From daguerreotypes to digital and from Mathew Brady to Ansel Adams, this lecture focuses on it all. Refreshments sponsored by Treplus Communities.
Time: 2pm
Fee: No charge, pre-registration is required through the DCSC Programming Office
Location: Talla 2
Speaker: Sean Crum, Art Historian and Professional Artist
Deadline for registration is Thursday, April 23.

**ARTS – CREATIVE &
PERFORMING**

Beginner/Intermediate Pottery

For both new and experienced ceramics students of all skill levels. New students begin with the basics of clay hand building techniques such as pinch pots, slab rolling and coils. Textures, color, shape and differing styles are introduced as well as glazing and finishing techniques. Time permitting we work on the basics of throwing on the potter's wheel. Experienced students can continue to refine their skills and work on ceramic projects of their own choice. *All supplies are included in the fee, including firings done by the on-site instructor.*
Ages: 55 & up
Class Date Day
252105.02 Apr 20 – May 18 M
Time: 10am – noon
Fee: CR \$75 SDR/NR \$85
Location: Ceramics Studio
Instructor: Stacey Besst

Hands in Clay - Open Studio

During Open Studio, we welcome those with previous ceramic experience to share our space, equipment, and materials to create with clay. Open Studio is recommended for those who are familiar with the ceramic process, don't need hands-on instruction, and feel confident working independently. An Open Studio moderator and other artists are present to assist with orientation and to share ideas and techniques. *All supplies are included in the fee, including firings done by the on-site moderator.*

Ages: 55 & up
Class Date Day
252111.01 Apr 15 – May 20 W

-----**Summer**-----
352111.01 June 3 – Jul 8 W
352111.02 Jul 22 – Aug 26 W

➤**See Front Desk Registration Information for Summer classes on page 1.**

Time: Noon – 3pm
Fee: CR \$55 SDR/NR \$65; must be a member of the DCSC organization.
Location: Ceramics Studio
Moderator: Jerry Decker

Beginning Acrylic

Explore painting on canvas with acrylic paint. Students experiment with color and learn basic techniques, such as dry brush and splattering. Subject matter could include rocks, water, clouds, trees, etc. Please have a canvas, canvas board or paper, no smaller than 9 x 12, paint and a few brushes for the first class.
Ages: 40 & up
Class Date Day
252120.01 Apr 16 – May 28 Th
Time: 2:30 – 4:30pm
Fee: CR \$70 SDR/NR \$80
Location: Arts & Crafts Room
Instructor: Donna Gleditsch

Beginning Drawing 1

Through various exercises and homework, you will learn how to change the way you look at things in order to draw what you are actually seeing. This course is based on the book "Drawing on the Right Side of the Brain" by Betty Edwards. You need a 6 B drawing pencil, eraser, and a 9 X 12 or larger sketch book for the first class.
Ages: 40 & up
Class Date Day
252130.01 Apr 14 – May 26 Tu
Time: 11am – 12:30pm
Fee: CR \$68 SDR/NR \$78
Location: Arts & Crafts Room
Instructor: Donna Gleditsch

Beginning Drawing 2



This class is a continuation of Beginning Drawing 1. Students learn shading, perspective and continue to study portraiture using graphite and charcoal. They need a sketch book (9 x 12 or larger), graphite and charcoal pencils, eraser and a straight edge for the first class.
Ages: 40 & up
Class Date Day
252131.01 Apr 14 – May 26 Tu
Time: 3 - 4:30pm
Fee: CR \$68 SDR/NR \$78
Location: Arts & Crafts Room
Instructor: Donna Gleditsch



Intermediate Drawing

Students continue to explore shading techniques and perspective using various media including graphite, charcoal and colored pencils, along with pastels. Students need a sketch book (9 x 12 or larger), graphite pencils, charcoal pencils, colored pencils, eraser and a straight edge. Students should have completed Beginning Drawing 2 or an equivalent class.

Ages: 40 & up

Class	Date	Day
252132.01	Apr 13 – Jun 1	M
(No class May 25)		

Time: 2 - 3:30pm

Fee: CR \$68 SDR/NR \$78

Location: DCSC Lounge
Instructor: Donna Gleditsch

Advanced Drawing



As a continuation of the Intermediate Drawing course, students should have finished the Intermediate course or equivalent. We continue to explore different drawing mediums, including pen and ink, along with different shading techniques. We also explore techniques for rendering subject of the student's choice, such as trees, rocks, water, sky, clouds, etc. With time, we use various papers, such as colored paper and paper with texture. Students should have graphite, charcoal and colored pencils, pastels, a sketch book (9 x 12 or larger), an eraser and a straight edge.

Ages: 40 & up

Class	Date	Day
252133.01	Apr 13 – Jun 1	M
(No class May 25)		

Time: 12:30 – 2pm

Fee: CR \$68 SDR/NR \$78

Location: DCSC Lounge
Instructor: Donna Gleditsch

Investigating Color

An in depth study of color and color theory. Students discuss and practice the various ways to use color in an artwork, including color schemes, mixing colors and the use of complimentary colors. Please bring paper (9 x 12 or larger) and your choice of medium.

Ages: 40 & up

Class	Date	Day
352137.01	Jun 8 – Aug 3	M
(No class Jun 29 & Jul 6)		

Time: 1 -3pm

Fee: CR \$70 SDR/NR \$80

Location: DCSC Lounge
Instructor: Donna Gleditsch

➤See Front Desk Registration
Information for Summer classes on page 1.

Beginning Watercolor

Students learn the basics of painting with watercolors. Experienced painters are also welcome. Some of the techniques investigated are wet on wet, wet on dry, dry brush and resist or masking. Learn about color and color theory while tackling both landscape and still life.

Required supply list available at registration.

Ages: 40 & up

Class	Date	Day
252140.01	Apr 16 – May 28	Th

Time: 12:30 – 2:30pm

Fee: CR \$70 SDR/NR \$80

Location: Arts & Crafts Room
Instructor: Donna Gleditsch

Intermediate Watercolor

A continuation of Beginning Watercolor. We continue to explore color and techniques such as staining, wash, resist, pen and ink. Additionally experimenting with other paint surfaces. Please have paper, no smaller than 9 x 12, watercolor and brushes for the first class.

Ages: 40 & up

Class	Date	Day
252141.01	Apr 14 – May 26	Tu

Time: 1 - 3pm

Fee: CR \$70 SDR/NR \$80

Location: Arts & Crafts Room
Instructor: Donna Gleditsch

Beginning/Intermediate Watercolor

This summer session offers a combined beginning and intermediate watercolor class. Students explore various techniques such as wet on wet, dry brush, resist techniques and ways to render textures. We will also do a quick study on color. Please

have paints, brushes and a 9 x 12 or larger watercolor paper pad.

Ages: 40 & up

Class	Date	Day
352142.01	Jun 9 – Aug 4	Tu
(No class June 30 & Jul 7)		

Time: 1 – 3pm

Fee: CR \$70 SDR/NR \$80

Location: DCSC Lounge
Instructor: Donna Gleditsch

➤See Front Desk Registration
Information for Summer classes on page 1.

Wildlife Art:

Canvas Tree Cut-Outs



Create a beautiful piece of nature art out of wood-framed canvas. The rich history of trees is brought to life by our own hands as we shape this work of art into being.

Ages: 55 & up

Class	Date	Day
252150.01	Apr 22	W

Time: 2pm

Fee: CR \$5 SDR/NR \$5

Location: Talla 2

Instructor: Barbara Ray, Nature Education Coordinator

Beginner Harmonica

If you have always wanted to learn how to play the harmonica...this is your chance! To insure a great start on your musical journey, you receive a high quality "10 hole" Easttop Key of C Harmonica. Instructor collects the \$20 harmonica fee at the first class. Starting with the basics, you progressively improve your skill and confidence through instruction, practice and coaching. By the end of the program, you are entertaining yourself and others by playing a song of personal choice, along with a popular Irish tune, and an all-time favorite, "Happy Birthday". Learn to play special effects like vibratos, warbles, trills, "wa wa's" train whistles, chugs, and "bending" notes. Enjoy listening to and learning about popular harmonica songs and musicians within every genre of music with emphasis on the "Blues." Prepare to have fun and learn along the way.

Ages: 55 & up

Class	Date	Day
254200.01	May 13 – Jun 10	W



Time: 1 - 2pm
Fee: CR \$50 SDR/NR \$60
Location: Meeting Room 1
Instructor: Jim Snider, Harmonica
Enthusiast



Advanced Beginner Harmonica

Open to those who attended either Beginner Harmonica, Beginner Harmonica 2, or with basic skills of play. We build speed, confidence, and musicality playing team songs, the mid octave C scale, and special effects (vibrato, bending, etc.). New team songs are selected to practice and master. Learn “riffs” that can accompany the 12-bar blues rhythm. Learn to play the 3rd octave of the C scale in 1st position and the pentatonic blues scale in the 2nd position. Review tongue blocking and learn to play “octaves”. Please bring your harmonica in the key of “C”. Prepare to have fun listening and learning about popular harmonica songs and musicians while increasing your harp skills.

Ages: 55 & up
Class Date Day
254202.01 May 14 – Jun 11 Th
Time: 1 - 2pm
Fee: CR \$50 SDR/NR \$60
Location: Meeting Room 1
Instructor: Jim Snider, Harmonica
Enthusiast

Quilter’s Corner

Bring your latest project and enjoy the company of fellow quilters. Members meet each month to work on individual quilting projects. Future group projects are considered.

➤Next meeting...Monday, April 6
Time: 10am
Location: Senior Lounge
Moderator: Ellen Ann Farrar, 614-684-8648

Dublin Senior Players

Theater troupe members learn skills leading up to Dublin Senior Players productions. Whether acting, writing or working behind the scenes, talents of all kinds are welcome. For more information, please contact Joe Bishara at 614.410.4554.
Days: Wednesdays
Time: 1 – 4pm

Ages: 55 & up
Location: Abbey Theater

Dublin Shamrockettes

This line dancing troupe performs at various senior adult centers, communities and events throughout Columbus. Choreography is developed and practiced during the weekly meeting time. **Participants must be current members of the Dublin Community Senior Citizens organization.** For more information, contact the Senior Adult Programming Office at 614-410-4550.
Ages: 55 & up
Days: Time:
Mondays 1 - 3pm
Location: Aerobics/Dance Studio II
Moderator: Willie Ehrlich

SPECIAL INTEREST

Birding

Bring binoculars and a hat as this group heads outdoors for birding in Dublin and surrounding parks (weather permitting). Contact Jim for each week’s meet-up destination.
Day: Fridays
Time: 8:30am
Fee: No charge
Location: Various locations
Moderator: Jim Estep, 614-315-7768

Card & Game Programs

General Policy:

- Players must be current DCSC members.
- Players need to wear their DCSC name badges while participating in game play inside the Lounge area. This helps in getting to know others that are participating in the program and in membership verification.
- If you want to bring in a bite to share, please bring in items that do not crumble nor are sticky to the touch (ie. frosting /sprinkles). This type of snack falls to the floor and grinds into the carpet. Also,

frosted items leave the cards and game pieces sticky for play.

- Food items may not be left behind for storage in cabinets. This attracts unwanted pests.

We want DCSC members to enjoy their time together while participating in all card and game programs.

Bridge

On Wednesdays, the tables are ready in the DCSC Lounge for Bridge play from 12:30 – 3:30pm. Our Bridge moderators are Peter Somani, 614-382-8088 and Eleanor Smith, 614-848-8121.

Duplicate Bridge

A little more competitive and serious than bridge, duplicate bridge is still a good time. Our volunteer director helps you get started by covering the play of hands and scoring. Play is progressive; however, you keep the same partner. Bring a partner with you if you can. Please note this is not American Contract Bridge League (ACBL) sanctioned. Tuesdays, 9:30am – noon in the DCSC Lounge. Our Duplicate Bridge director is Don Schostek.

Euchre

On Fridays the tables are ready in the DCSC Lounge for Euchre play from 1 – 3:45pm. Our Euchre moderator is Mary Beth Smith, 614-581-8000.

Pinochle

On Thursdays, the tables are ready in the DCSC Lounge for Pinochle play from 1 – 3pm. Beginners or those who haven’t played in a while are welcome!

Mahjonn

Mahjonn can be translated as “clattering sparrow” or “flax sparrow,” because the shuffled tiles make a melodious noise reminiscent of birds pecking for food. This game began in China hundreds of years ago. Today it is one of the most popular, most played, and most sophisticated games in the world. We teach and play the National Mah Jonn League official standard hands and rules. No previous experience is necessary.
Day: Thursdays
Time: 9:30am – noon
Fee: No charge



Location: DCSC Lounge

Mexican Train Dominoes

The object of the game is for a player to play all the dominoes in their hand onto one or more chains, or “trains,” emanating from a central hub or “station.”

➤Next meeting... March 9, 16, 26
April 2, 13, 20 & 23

Time: 10am - noon

Fee: No charge

Location: DCSC Lounge

Moderator: Marlaina Holman, 614-467-9888

Rummikub

If you like Rummy, then you’ll love Rummikub, a competitive game played with tiles instead of cards. The tiles are used to make runs of like colors and groups of like numbers. The ultimate goal is using all of your tiles before your opponents. This game can be played with 2, 3 or 4 players. We play a friendly game that is easy to learn. New players are welcome.

Day: Thursdays Time: 1 – 3pm

Fee: No charge

Location: DCSC Lounge

Moderator: Janet Kosciak, 614-876-1881

Military Round Table

We’re looking for veterans of the WWII, Korea, Vietnam, Desert Storm, Iraq and Afghanistan conflicts to share their war experiences. Future generations should know and appreciate what America’s men and women in the military service endured to protect their country. Maybe you have a story or two to share. Speakers and video documentaries are periodically used to stimulate discussion. Do you know of any guest speakers who would be interested in speaking at one of our upcoming military programs? Please contact the Senior Adult Programming Office at 614.410.4550. Refreshments sponsored by Mayfair Village.

Moderator: Jeff Noble

➤Next meeting...

March 30 Military Family Life

Speaker: Denise Strickland

April 27 The Cold War

Speaker: John Reiner, US Army, Dublin City Council

Time: 1pm

Location: Talla 1

Movie Madness

A first-run movie is shown each month.

Note: If you are susceptible to colder room temperatures, please bring a light sweater or jacket with you when attending events in the theater.

March’s movie on **Monday, March 16**, is ***Knives Out***.

When renowned crime novelist Harlan Thrombey is found dead at his estate just after his 85th birthday, the inquisitive and debonair Detective Benoit Blanc is mysteriously enlisted to investigate. From Harlan’s dysfunctional family to his devoted staff, Blanc sifts through a web of red herrings and self-serving lies to uncover the truth behind Harlan’s untimely death. This PG-13 rated comedy (for brief violence, some strong language, sexual references, and drug material) stars an ensemble cast including Daniel Craig, Christopher Plummer, and Jamie Lee Curtis.

Time: 1pm

Running time: 2 hours, 11 minutes

Location: Abbey Theater

April’s movie on **Monday, April 20**, is ***Little Women***.

Writer-director Greta Gerwig has crafted a *Little Women* that draws on both the classic novel and the writings of Louisa May Alcott, and unfolds as the author’s alter ego, Jo March, reflects back and forth on her fictional life. In Gerwig’s take, the beloved story of the March sisters – four young women each determined to live life on her own terms – is both timeless and timely. This PG rated film (for thematic elements and brief smoking) stars Saoirse Ronan, Emma Watson, Florence Pugh and Eliza Scanlan.

Time: 1pm

Running time: 2 hours 15 minutes

Location: Abbey Theater

Fresh popcorn available at 50¢ a bag!



The Reader’s Group

Calling all bookworms! The DCSC is hosting a book club for all adults. This is not a lecture series, but a group discussion encouraging individuals to share their views. Join us as we broaden our literary horizons.

➤Next meeting...

March 11 ***Inheritance***
by Dani Shapiro

April 8 ***The Kellogg’s***
by Howard Markel

May 13 ***The Pioneers***
by David McCullough

Time: 10am

Location: DCSC Lounge

Moderators: Sharon Faulkner, 614-790-0481 and Sally Hosken, 614-504-5371.

SPORTS

Bowling

Meet for a morning of exercise and social fun as we try this favorite American pastime. There are four people to a team. No partner needed.

Ages: 55 & up

Day: Mondays

Time: 9am

Fee: \$8 for 3 games; shoe rental available for \$4 + tax; shoe purchase recommended

Location: AMF Sawmill Lanes,
4825 Sawmill Road

Moderator: Bob Karrer, 614-889-8478

DCSC Golf League

Calling all golf enthusiasts. It’s time to hit the greens for nine holes of “tee-rific” play. The program is open to both men and women. League roster and information is sent to participants before the first week of play. The DCSC Golf League Recognition Luncheon is Wednesday, October 7, 2020.

Ages: 55 & up

Class Date Day

257100.01 May 13 – Sep 16 W

Time: 8am – 1pm

Fee: \$20 registration fee, paid to City of Dublin, \$23 weekly for nine-hole greens



fee with cart rental, paid to Safari Golf Club. *You must be a member of Dublin Community Senior Citizens.*

Location: Safari Golf Club, 4853 Powell Road, Powell OH 43065, 614.645.3444
League kick-off meeting: Wednesday, April 22 at 10am in Talla 2 & 3

➤ **You must renew your 2020 DCSC membership when you register for the league at the front desk.**

Pickleball Open Play

Pickleball is a paddle sport played with a wiffle ball on a badminton-sized court and a tennis-style net. A non-volley zone (or kitchen) prevents volleys close to the net, and the serving team cannot volley the return of serve. It is a fun sport that combines many elements of tennis, badminton and ping-pong. Played indoors on a badminton-sized court with a slightly modified tennis net. We supply the nets, paddles, and balls. Just bring a friend and show up to play! We have 3-6 courts available for open play during the week. Look for pickleball on the weekly gym schedule. Players must be DCRC members or must purchase a daily pass from the front desk.

FITNESS & WELLNESS

Senior Adult Fitness Orientation

Regular exercise is important for the physical and mental health of everyone, including older adults. Exercising regularly can produce long-term health benefits, improve the health of older adults living with disease or disability, and help maintain independence. A Senior Adult Fitness Orientation provides individuals or small groups an introduction to the fitness floor, an opportunity to learn specific recommendations and the benefits of exercise for older adults, and a chance to become familiar with various forms of exercise to improve cardiovascular fitness, strength, and flexibility. Senior Adult Fitness Orientations are dependent on staff availability and are free to DCRC pass holders. Appointments are made by

scheduling with a fitness attendant at the DCRC or by calling 614-410-4550.

Arthritis Foundation Aquatic Exercise Program (low intensity)

This Arthritis Foundation program is designed to safely keep your joints moving and improve your sense of well-being, without putting excess strain on your joints and muscles. The gentle activities in warm water, with guidance from a trained instructor, help you gain strength and flexibility. All instructors are certified through the Arthritis Foundation. You must purchase a Fitness Pass to participate. For Fitness Pass information and cost, see the current Recreation Services Brochure. For current class times, see the water fitness class schedule at the Front Desk.

Ageless Grace®

Ageless Grace® is a cutting-edge brain fitness program based on neuroplasticity that activates all 5 functions of the brain - analytical, strategic, kinesthetic learning, memory/recall, creativity and imagination - and simultaneously addresses all 21 physical skills needed for lifelong optimal function. These exercises, based on everyday movements that are natural and organic, focus on the healthy longevity of the body and mind. The movements are designed to be performed seated in a chair. Comfortable attire is required. Exercises are performed in bare feet. *You must be a member of the DCSC organization.*

Ages: 55 & up

Class	Date	Day
256180.02	April 3 - 24	F
256180.03	May 8 - 29	F

-----**Summer**-----

356180.01	Jun 5 - 26	F
356180.02	Jul 10 - Aug 7	F

➤ **See Front Desk Registration Information for Summer classes on page 1.**

Time: 10 - 10:45am
 Fee: CR \$10 SDR/NR \$10
 Location: DCSC Lounge
 Instructor: Marianne Christman, Owner, FirstLight Home Care, LPN, CDP, PACIT, Ageless Grace Certified Trainer

Delay the Disease – Mixed Level

A fitness program designed to empower people with Parkinson's disease (PD) and other degenerative diseases by optimizing their physical function and helping to delay the progression of symptoms. This is a mixed level group focusing on balance, core strength, walking, voice and coordination exercises with moderate heart rate elevation.

Ages: 18 & up

Class	Date	Day
256105.01	Apr 10 - May 15	F

-----**Summer**-----

356105.01	May 29 - Jul 3	F
356105.02	Jul 17 - Aug 21	F

➤ **See Front Desk Registration Information for Summer classes on page 1.**

Time: 11 am-noon
 Fee: \$45
 Location: Avondale NCR, West Wing, 5215 Avery Road
 Instructor: Mary Curtis

Delay the Disease – Chair/Basic

A fitness program designed to empower people with Parkinson's disease (PD) and other degenerative diseases by optimizing their physical function and helping to delay the progression of symptoms. This is a chair/basic level group focusing on stretching, balance and seated exercises with mild heart rate elevation.

Ages: 18 & up

Class	Date	Day
256110.01	Apr 10 - May 15	F

-----**Summer**-----

356110.01	May 29 - Jul 3	F
356110.02	Jul 17 - Aug 21	F

➤ **See Front Desk Registration Information for Summer classes on page 1.**

Time: Noon - 1pm
 Fee: \$45
 Location: Avondale NCR, West Wing, 5215 Avery Road
 Instructor: Mary Curtis



Fit for Golf

The start of golf season is rapidly approaching and it's time to begin tuning up your body. This 4 part series focuses on balance, body joint mobility, core strengthening and flexibility. Keep the most commonly tight muscle groups loose for the start of golf season. Preparing your body will positively affect your early scores and will decrease the chance of injury.

Class	Date	Day
256300.01	Apr 7 - 28	Tu

Time: 1:15 – 2pm
Fee: CR \$40 SDR/NR \$50
Location: Fitness Studio 1
Instructor: Sally Gill

Functional Fitness

This low impact class combines some cardio training with weight bearing exercises designed to help you improve muscular strength and endurance, bone density, balance and flexibility. Finish the hour with core strengthening exercises and a great stretch for a complete and functional workout!

Ages: 50 & up
For a complete list of current class days, times, fees and locations, see the fitness class schedule at the Front Desk.
Instructor: Sally Gill

Senior Small Group

Finally, a small group fitness class just for active older adults! You and a small group of others work with a group fitness instructor once a week on exercises designed especially for those 55 and older. Strength building, balance and flexibility are emphasized. Work out with a group of your peers and see the results!

Ages: 50 & up
For a complete list of current class days, times, fees and locations, see the fitness class schedule at the Front Desk.
Instructor: Sally Gill

Strength, Stretch & Balance

In this no-impact class you work to gain strength using hand weights in fun and creative ways. Core training, balance

exercises and flexibility are also included in this well rounded program – designed with seniors in mind but great for anyone.

Ages: 40 & up
For a complete list of current class days, times, fees and locations, see the fitness class schedule at the Front Desk.

Instructor: Sally Gill

Line Dancing

Line dancing works the three M's...music, movement and memory. Enjoy partnerless dancing to a wide variety of music while learning new dance movements and enhancing your memory. Build coordination, balance and endurance while having fun and meeting new friends. Dance shoes or smooth-soled shoes are needed, or shoe covers may be available from the instructor. Classes available at all skill levels.

Ages: 40 & up

Beginner/Improver Level

The first hour of this class (the Fun Hour) is for dancers with little or no dance experience, or those who wish simple, fun dances without a lot of difficult turns. Class includes Absolute Beginner through High Beginner dances, and provides a variety of entry-level dance experiences, movements and speeds. The second hour (the Growth Hour) is for more experienced dancers. It contains dances from Easy Improver through High Improver. This means faster music, more complex step combinations, and enough turns to be a challenge for nearly any dancer.

Day	Time
Sundays	11:45am – 1:45pm

Instructor: David Herman
Fee: \$3 per class
Location: Fitness Studio 1

Intermediate/Advanced A

Also known as the Challenge Hour, this is 90 minutes of workout fun for skilled line dancers. Long, complex dance step sequences, rapid turning movements, and quick tempos make this a serious workout.

Day	Time
Sundays	2:00 – 3:30pm

Instructors: Lynne & David Herman
Fee: \$3 per class
Location: Fitness Studio 1

Beginning June 1st, line dancing classes will have a new fee structure and will utilize a punch pass system. All participants must be registered in our system and purchase a punch pass to be admitted to the class. Passes expire 4 years after the date of purchase/re-load. Proof of Residency is required at the time of purchase. DCSC members enjoy reduced pricing and are invited to participate in all general and special activities listed within the monthly DCSC newsletter.

RES/DCSC member

One time visit: \$3
4-visit punch pass: \$12
11-visit punch pass: \$30

SDR/NR

One time visit: \$4
4-visit punch pass: \$16
11-visit punch pass: \$40

Falun Dafa

Falun Dafa (or Falun Gong) is an ancient meditation practice consisting of five sets of easy-to-learn gentle movements and meditation. While the exercises have deep inner meanings, they also help to reduce stress and can bring great improvements in health and fitness.

Ages: 18 & up
Limit: 20

Class	Date	Day
256190.01	Apr 4 – Jun 20	Sa

-----**Summer**-----
356190.01 Jun 27 – Oct 3 Sa
(No class Aug 1 & 29, Sep 5)

➤**See Front Desk Registration Information for Summer classes on page 1.**

Time: 9 – 11am
Fee: No charge
Location: DCSC Lounge
Instructor: Lucia Dunn

Intro to Tai Chi

Tai chi is a Chinese exercise for health. Originating at least nine centuries ago, the exercise consists of graceful and slow movements that relax and strengthen both body and mind. The unique combination of postures can have beneficial effects on the



cardiovascular, skeletal, muscular and nervous systems. This introductory class presents the first 17 moves of the Taoist tai chi set. The course is suitable for first-time participants interested in experiencing tai chi and determining whether they want to further pursue the art.

Ages: 40 & up
 Class Date Day
 256200.01 May 6 – Jun 10 W

-----**Summer**-----
 356200.01 Jun 17 – Jul 22 W
 ▶See Front Desk Registration
Information for Summer classes on page 1.

Time: 7 – 8:30pm
 Fee: CR \$56 SDR/NR \$66
 Location: DCSC Lounge
 Instructors: Scott Sonnenberg & Midge Krause

Classic Yoga



Raja Yoga is often referred to as “classic yoga” for attaining the union of mind, body and soul. Class begins with a short meditation in reverence to the Universe for Peace. This is followed by loosening exercises for lubrication to the joints, muscles, etc. in order to warm up the body. Then individual poses (asanas) are connected by flowing movements. Their purpose is to increase strength and flexibility of the body. Various breathing methods (pranayama) are incorporated throughout. The class ends with relaxation of the body. Meditation and Sun Salutation would be incorporated from time to time. Bring a bath towel or blanket, small pillow, a yoga “sticky” mat and water.

Ages: 40 & up
 Class Date Day
 256410.01 Apr 14 – May 19 Tu

Time: 7 -8pm
 Fee: CR \$60 SDR/NR \$70
 Location: DCSC Lounge
 Instructor: Kanchan Ambwani, Masters in Yogashastra, Certified Level 2 Yoga Instructor – Quality Council of India, UGC Net Certified for Associate Professor

Gentle Yoga

Gentle yoga is a form of yoga that brings serenity and balance into your life. Poses are

deliberate and unhurried, and less strenuous than other forms of yoga. Yoga props are used to enable all participants to experience the profound effects of a yoga practice. Appropriate for all levels especially those with movement limitations, stiffness that can be from lack of activity, disabilities and chronic conditions such as arthritis, back pain, and other musculoskeletal issues. This particular yoga class is also supportive of those recovering from surgery, illness or injury.

Ages: 40 & up
 Class Date Day
 256403.01 Apr 13 – May 18 M
 Time: 1:30 – 2:15pm
 Fee: CR \$60 SDR/NR \$70
 Location: Classroom C
 Instructor: Pat Henderson, Registered Yoga Teacher

-----**Summer**-----
 356403.01 Jun 1 – Jul 6 M
 (No class Jun 29)
 Time: 1:30 – 2:15pm
 Fee: CR \$50 SDR/NR \$60

356403.02 Jul 20 – Aug 24 M
 Time: 1:30 – 2:15pm
 Fee: CR \$60 SDR/NR \$70
 ▶See Front Desk Registration
Information for Summer classes on page 1.

Location: Classroom C
 Instructor: Pat Henderson, Registered Yoga Teacher

Yoga in the Afternoon

Take a break in your day to rejuvenate and re-energize. Yoga improves strength, flexibility, coordination and balance. Breathing techniques help relieve stress and tension. Your instructor leads you through a gentle series of poses that can be practiced anytime. Leave each class with a feeling of peace, relaxation and optimism.

Ages: 40 & up
 Class Date Day
 256405.01 Apr 13 – May 18 M
 Time: 2:30 – 3:30pm
 Fee: CR \$60 SDR/NR \$70
 Location: Fitness Studio 1
 Instructor: Pat Henderson, Registered Yoga Teacher

-----**Summer**-----
 356405.01 Jun 1 – Jul 6 M
 (No class Jun 29)
 Time: 2:30 – 3:30pm
 Fee: CR \$50 SDR/NR \$60

356405.02 Jul 20 – Aug 24 M
 Time: 2:30 – 3:30pm
 Fee: CR \$60 SDR/NR \$70
 ▶See Front Desk Registration
Information for Summer classes on page 1.

Location: Classroom C
 Instructor: Pat Henderson, Registered Yoga Teacher



Yoga in the Afternoon Too

Take a break in your day to rejuvenate and re-energize. Yoga improves strength, flexibility, coordination and balance. Breathing techniques help relieve stress and tension. Your instructor leads you through a gentle series of poses that can be practiced anytime. Leave each class with a feeling of peace, relaxation and optimism.

Ages: 40 & up
 Class Date Day
 256406.01 Apr 23 – May 28 Th
 Fee: CR \$60 SDR/NR \$70
 Time: 1:30 – 2:30pm
 Location: DCSC Lounge
 Instructor: Claudia Hamman

-----**Summer**-----
 Class Date Day
 356406.01 Jun 4 – Jul 9 Th
 Fee: CR \$60 SDR/NR \$70

Class Date Day
 356406.02 Aug 6 – Aug 27 Th
 Fee: CR \$40 SDR/NR \$50
 ▶See Front Desk Registration
Information for Summer classes on page 1.

Time: 1:30 – 2:30pm
 Location: DCSC Lounge
 Instructor: Claudia Hamman

Senior Yoga

No one is ever too old to start yoga. The practice of yoga improves posture, helps maintain joint mobility and calms the mind. Participants are introduced to modified



Hatha Yoga postures, breathing and relaxation techniques. Discover the benefits of incorporating yoga into your life. If you are not comfortable lying on the floor, many of the techniques can be practiced while sitting on a chair. Bring a bath towel or blanket, small pillow and a yoga “sticky” mat. Supplies are required even if you plan on practicing in a chair.

Ages: 50 & up
 Class Date Day
 256400.01 Apr 15 – May 20 W
 Time: 10:45 – 11:45am

Fee: CR \$60 SDR/NR \$70
 Location: Fitness Studio 1
 Instructor: Pat Henderson, Registered Yoga Teacher

-----**Summer**-----

Ages: 50 & up
 Class Date Day
 356400.01 Jun 3 – Jul 8 W
 356400.02 Jul 22 – Aug 26 W
 Time: 10:45 – 11:45am

Fee: CR \$60 SDR/NR \$70
 Location: Fitness Studio 1
 Instructor: Claudia Hamman
 ➤See Front Desk Registration
Information for Summer classes on page 1.

Yoga Basics



Yoga works a special magic on our over 40 year old bodies. A unique mix of thoughtful stretching, joint strengthening and muscle toning. Your physical yoga practice improves your spinal health, physical flexibility, balance and day-to-day mobility. Yoga goes beyond your body, working from within to sharpen your mind, direct your focus, and reduce your stress and anxiety. In this class, expect to practice meditation, breath enhancement, and intentional movements. All levels welcome. Please bring a towel, yoga sticky mat and water to each practice.

Ages: 40 & up
 Class Date Day
 256412.01 Apr 23 – May 28 Th
 Fee: CR \$60 SDR/NR \$70

-----**Summer**-----

356412.01 Jun 4 – Jul 9 Th
 Fee: CR \$60 SDR/NR \$70

356412.02 Aug 6 – Aug 27 Th
 Fee: CR \$40 SDR/NR \$50
 ➤See Front Desk Registration
Information for Summer classes on page 1.

Time: 7 - 8pm
 Location: DCSC Lounge
 Instructor: Claudia Hamman

Zumba® Gold



Zumba® Gold provides a safe and effective total body workout, while maintaining an atmosphere that is fun and energetic. Easy-to-follow moves set to a variety of upbeat music. A “feel good” workout that is also great for the mind. Wear comfortable clothing, bring a towel and water bottle along with a “ready to move” attitude.

Ages: 55 & up
 Class Date Day
 256500.01 Apr 14 – May 19 Tu

-----**Summer**-----
 356500.01 Jun 2 – Jul 7 Tu
 ➤See Front Desk Registration
Information for Summer classes on page 1.

Time: 3:15 – 4pm
 Fee: CR \$60 SDR/NR \$70
 Location: Classroom C
 Instructor: Pamela Snyder

CARE, SUPPORT & HEALTH SERVICES

Dublin Alzheimer Caregiver Support Group

The Alzheimer’s Association of Central Ohio sponsors monthly support group meetings. Caregivers, family members and friends of people with Alzheimer’s disease or related disorders are welcome to attend. These groups, facilitated by a professional with emphasis on peer support, are a unique opportunity for learning and sharing.

➤ Next meeting...Monday, April 6
 Time: 7pm
 Fee: No charge
 Location: DCSC Lounge

Leader: Heather Adcock, Alzheimer’s Association of Central Ohio

Caregiver Support Group

This is the space to explore the stresses associated with being a caregiver. Information is presented followed by a time to interact with others and discuss shared experiences and concerns.

➤ Next meeting...Monday, March 16 and April 20

Time: 7pm
 Fee: No charge
 Location: DCSC Lounge
 Leader: Brad Jackson, VITAS Healthcare

Caring for the Individual

When the challenges of growing older become overwhelming or bothersome, it is helpful to talk privately with an impartial listener. Schedule individual time with an older adult specialist to help sort out what is going on in your life.

Day and Time: Arrange an appointment by calling Syntero/Dublin Counseling Center at 889-5722.
 Fee: Medicare and insurance will be billed.
 Facilitator: Syntero/Dublin Counseling Center

Ohio Senior Health Insurance Information Program (OSHIIP)

Fri. March 20 and April 17
Appts. from 8 – 10am

A counselor helps explain and sort out problems with Medicare, Medicaid, Medicare Supplemental insurance policies, long-term care insurance, retirement health plans and other health insurance. The program is provided by the Ohio Department of Insurance.

A counselor helps explain and sort out problems with Medicare, Medicaid, Medicare Supplemental insurance policies, long-term care insurance, retirement health plans and other health insurance. The program is provided by the Ohio Department of Insurance.

Fee: No charge, appointment necessary by calling 410-4550
 Location: DCSC Lounge
 Counselor: Marcia Strall



Podiatry Services –
Fri. March 13 and April 17
Appts. from 8:45am – noon,
every 15 minutes

Services provided include trimming corns, calluses, nails and routine foot care.
 Fee: Medicare may cover the cost and will be billed for fee coverage after consent sheet is signed; people with HMOs need to make a \$40 payment on day of service
Location: March 13 - Theater Dressing Room 1
Location: April 17 – Classroom B
 Podiatrist: Dr. Craig Cohen, Capital Foot Care Inc.

2020
DCSC
ADVISORY BOARD

Executive Committee

President – Bruce Book
 Vice-President – Tony Burchard
 Treasurer – Pat Breeding
 Secretary – Joan Margard
 Past President – Bob Seredick

Committee Chairs

Charity – Dolores Morris

Food Service –

Larry & Leslie Herchline
 Ronda Pharazyn

Goodwill – Barbara Mirbach

History – Jerry Boone

Hospitality – Donna Book

Membership – David Petersen

GENERAL INFORMATION

For assistance or information, please call the Dublin Community Recreation Center front desk at (614)410-4550 and ask for the DCSC Programming Office.

Wanda Kamler
 DCSC Program Supervisor

Stacie Neilan
 DCSC Program Specialist

Parking

Designated parking spaces on the north side of the DCRC allow for easier access . Parking is available from 9am – 5pm weekdays, for adults 55 and older. The northwest entrance leads directly to the DCSC Programming Office / Lounge and the atrium hallway into the main area of the Recreation Center.

DCSC Programming Office and Lounge

The DCSC Programming Office and Lounge are open M–F from 9am to 4pm for scheduled meetings, games, programs, and classes. We encourage DCSC members to participate in the many scheduled programs we provide in the Lounge as this space is unavailable for drop-in activities.

DCSC

Monthly Luncheon/Meeting

11:00 Dublin area residents gather with new and old friends for a shared luncheon meeting and special program in the DCRC Community Hall on the second Monday of each month, except May and December. Bring a main dish to serve 8. If you are attending as a couple, your dish needs to serve 16.

2020
Luncheon/Meeting
Program
Pianist at 11:00am

March: Wilma Snyder
April: Vivian Wistner



11:20 People with disabilities or needing assistance are called to go through the buffet lines.

11:30 President Bruce Book calls individual tables. Please wait until your table number is called.

12:20 Announcements

12:30 Entertainment (45 min)

Following Program – Program registration may be made in the DCSC Programming Office at this time or during regular business hours Monday through Friday, 9am – 4pm

Sign Up/Recreation Classes

Numbered classes require registration with payment. Nothing kills a good class/program more quickly than waiting until the last minute to register. Seven working days prior to the start of a class, we must decide whether to cancel due to lack of enrollment. Registering at the last minute may mean that the class/program you want has been canceled. Please register early.

Refunds/Recreation Classes

A cancellation request form must be submitted to the Welcome Desk of the DCRC at least seven days prior to the first day of class for a refund of fees paid, less a \$15 administrative fee. No refunds are processed after this time.

Sign Up/Programs & Events

Don't wait until the last minute to sign up! If a count is low when deadlines arrive, a program may be canceled. Sign up early to ensure your spot and commitment.

We ask that individuals sign up for all DCSC programs which offer an outside speaker. If no one signs up for a scheduled program, we will cancel the speaker seven working days prior to the event. If a speaker is unable to attend for reasons such as illness or family emergency, we are then able to notify those who have registered.

Refunds/Programs & Events

Program refunds are possible if the DCSC Programming Office is able to fill your spot before commitment deadlines arrive. Please notify the office as soon as you know that you are not able to participate. We will try to find a replacement, however there are no guarantees of refund once a commitment deadline has been reached. Members may not transfer their spot to another person



without first notifying the DCSC Programming Office.



In Sympathy

DCSC members extend their deepest sympathy to members and their families who have lost loved ones.

If you know of an ill member or one who has passed away, please notify Barb Mirbach, Goodwill Committee Chairperson, at (614)457-7942. She will send a card to that member or member's family on behalf of the DCSC organization.



- Sara Baran*
- Pamela Bennett*
- Mary Cantu*
- Dennis Caplinger*
- Diane Carroll*
- Jerry Decker*
- Harriet Difilippo*
- Mildred Disko*
- John Fawcett*
- Carol Fratianne*
- Marilyn Grossi*
- James Headlee*
- Robert Hoseus*
- Shirley Kellar*
- Thomas Ketzer*
- Elaine Koelbel*
- Richard Koelbel*

- Joan Mascotti*
- Jay Matthews*
- Mary Lou Miller*
- Barbara Mirbach*
- Subhas Nath*
- Dal Nett*
- Teresa O'Brien*
- Patrick Pesta*
- Mary Lou Schostek*
- Maureen Severns*
- Ruth Sheppard*
- Blake Sherry*
- Albert Still*
- Mary Stockman*
- Pete Thomison*
- Naomi Tokar*
- Clyde Welch*
- Ed Whiteman*

**MAY LOVE
AND
LAUGHTER
LIGHT YOUR
DAYS
AND
WARM YOUR
HEARTH
AND
HOME.**



**DUBLIN CHAMBER
OF COMMERCE
& LEADERSHIP DUBLIN**

**COMMUNITY
Service Day**

**Saturday, May 2
8:30 a.m. to Noon**

WHAT IS COMMUNITY SERVICE DAY?

Community Service Day is Dublin's volunteer "spring clean-up day." Volunteers of all ages help area senior citizens, Dublin schools, parks, non-profit organizations and residents facing personal hardships with their spring clean-up and outdoor projects such as:

- Weeding
- Mulching
- Planting Flowers
- Yard Clean Up

Please note that if resources are needed to do the job (mulch, flowers, etc.), you must supply the materials.

To register your home as a job site, call the Dublin Chamber of Commerce at 614-889-2001.

HELP IDENTIFY THOSE IN OUR COMMUNITY IN NEED

If you know a senior citizen, non-profit organization or resident in need who could benefit from Community Service Day, call the Chamber at 614-889-2001.

VOLUNTEER AT THIS FUN COMMUNITY EVENT!

Volunteers of all ages are needed and welcome! So, volunteer individually, with your family – or coordinate a group from work or your neighborhood.

Online volunteer registration is now open for both individuals and teams at www.DublinChamber.org/CSD.



