



Kindness Bingo

Level: High School (Age 14-18)

Welcome to Kindness Bingo!

Please see our Rules of Engagement on next page.

<p>Do yardwork for a neighbor in need (get permission first!)</p>	<p>Greet and compliment a person you see while out shopping or on a walk</p>	<p>Write and send a cheerful card of kindness to one friend who could use the thoughtfulness</p>	<p>Take some pressure off your parents - offer to do extra household chores for two weeks</p>
<p>Call someone you haven't spoken to in a while to brighten her or his day</p>	<p>Support a local business, retailer or restaurant</p>	<p>Arrange a video call or phone call with a senior citizen</p>	<p>Hold the door open for someone</p>
<p>Pick up trash at a local park by taking a trash bag with you the next time you go for a walk</p>	<p>Plant something such as a potted flower, an herb garden or a new plant in your yard</p>	<p>Decorate a Kindness Rock and deliver to the Dublin Arts Council for their new Kindness Rocks Garden www.DublinArts.org</p>	<p>Make dinner for the family</p>
<p>Bake a treat for a neighbor and drop it off with a note of cheer</p>	<p>Sign up to receive notices for fellow citizens in need at Dublin Neighborhood Bridges: neighborhoodbridges.org</p>	<p>Sign up to volunteer for five shifts at The Giving Garden by emailing volunteer@dublin.oh.us</p>	<p>Write a letter to a locally elected official (City, School Board or Township) to express gratitude</p>
<p>Arrange time to read a book to a child</p>	<p>Post about kindness on your social media outlets</p>	<p>Find out your family members' favorite songs and play them at dinnertime</p>	<p>Choose an uplifting movie to watch with friends and arrange an online discussion about it afterwards</p>



EVERYTHING GROWS HERE.

Kindness Bingo Rules of Engagement

Overview

Kindness really does matter. Dublin's Kindness Bingo is an effort to bring both thoughtfulness and fun while spreading the word that good citizens have good hearts. By playing a "bingo card" with ideas of caring gestures, participants can inspire kindness and ignite the true spirit of care.

Kindness Bingo players will print off his/her own Bingo Card and complete kind Bingo gestures square by square, offering photo evidence for some of the activities. Space is limited to 100 participants in each age group; the first 25 kind citizens to complete Kindness Bingo will receive gift cards to a local Dublin business.

Rules of Engagement

Good Faith: We're relying on your honesty and true kindness to self-certify that you in fact will have completed the acts of kindness you say you have.

Be Safe: If you reach out to neighbors, senior citizens, nursing homes and more, walk in a park collecting trash, etc., we'll rely on your good sense, parental, neighbor and fellow citizen permission.

Reminders: In mid-July, all registrants will be sent a Kindness Countdown reminder via e-mail.

Photo evidence: At least four (4) photos need to be sent in with each completed Bingo Card of "evidence" of kindness squares on the Bingo Card.

Completion and Recognition: If you complete 10 of 20 squares on your Bingo card, we'll send you a button you can proudly wear and a "Kindness Coin." If you complete all Bingo squares, we'll list your name on our web site. The first 25 kind citizens who complete a Bingo card will receive gift cards to local Dublin businesses.

Recap: Be sensible, be honest, remember to be kind, and snap/send those pictures!

Deadline: The deadline for ALL Kindness Bingo cards is Friday, August 7, 2020 and must be sent to volunteer@dublin.oh.us.

No act of kindness, however small, is ever wasted.
-Aesop



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