



MLK, JR. SERVICE DAY PROJECTS

Dr. Martin Luther King, Jr.'s legacy has long been honored with a national day of service – “a day on, not a day off” - and although volunteering might look a little different during the pandemic, we can still come together to make a big difference. Ideas to help get you started with impactful at home service projects for the whole family are below.

Letters and Cards to Seniors

Create letters for local senior living facilities. Offer words of encouragement and tell stories of how you are spending your time at home, share your favorite activities or create sunny, cheerful drawings and pictures that can be admired for weeks to come. If you need help connecting with a facility, send us an [email](#).

Spread Joy through Art

Lift spirits in your neighborhood with kind messages and cheerful art displays in your window, sidewalks or driveway. Anyone passing by will get a boost of happiness and joy as they smile at your handmade creations. Get ideas [here](#).

Litter Clean Up

Grab your parents and walk to your nearest park, stream, tree line, or bike path. Wear gloves (garden or disposable) and take trash bags with you to collect litter. Take a separate bag to collect recyclable items!

Cards for Soldiers and Veterans

Create letters, patriotic cards, drawings and other homemade items to share encouragement and gratitude with soldiers overseas and veterans here at home. Learn more about Operation Gratitude [here](#).

Neighborly Good Deeds

Check on your neighbors, especially elderly and vulnerable neighbors who could use a little extra help. Shoveling driveways and walkways or helping with yardwork. Even something as simple as a phone call or scheduling daily waves from your window could go a long way.

Stay Connected

Connect with grandparents, seniors, neighbors, and friends through FaceTime, Skype, video messages, selfies, photos of pets, etc. These methods could be vital to combat isolation, especially for anyone spending so many hours at home alone during this time. Get some tips [here](#).

Support Native Wildlife

Fun fact: not all birds fly south for the winter, some native birds stick around our wintery landscape and need help to survive. Food and fresh water are scarce during the winter months. Try setting out a large bowl of water each day and leaving out dried fruit (cranberries, blueberries, etc. BUT be careful using dried grapes if you have outdoor pets). Learn more [here](#).

***"Life's most persistent and urgent question is, 'What are you doing for others?'"
- Dr. Martin Luther King, Jr.***



EVERYTHING GROWS HERE.